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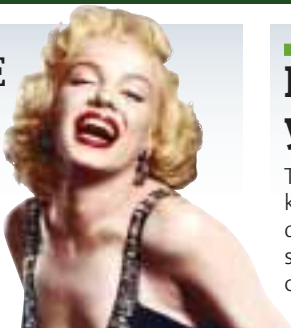


**Tonight's
Jackpot**



BEAUTY AND THE BELLE CURVE

OUR CULTURE'S TRANSIENT NOTION OF BEAUTY MEANS THERE ARE NO REAL ICONS FOR WOMEN TO EMULATE. AND THAT'S PROBABLY A GOOD THING **PAGES 8 & 9**



Banking on your donation

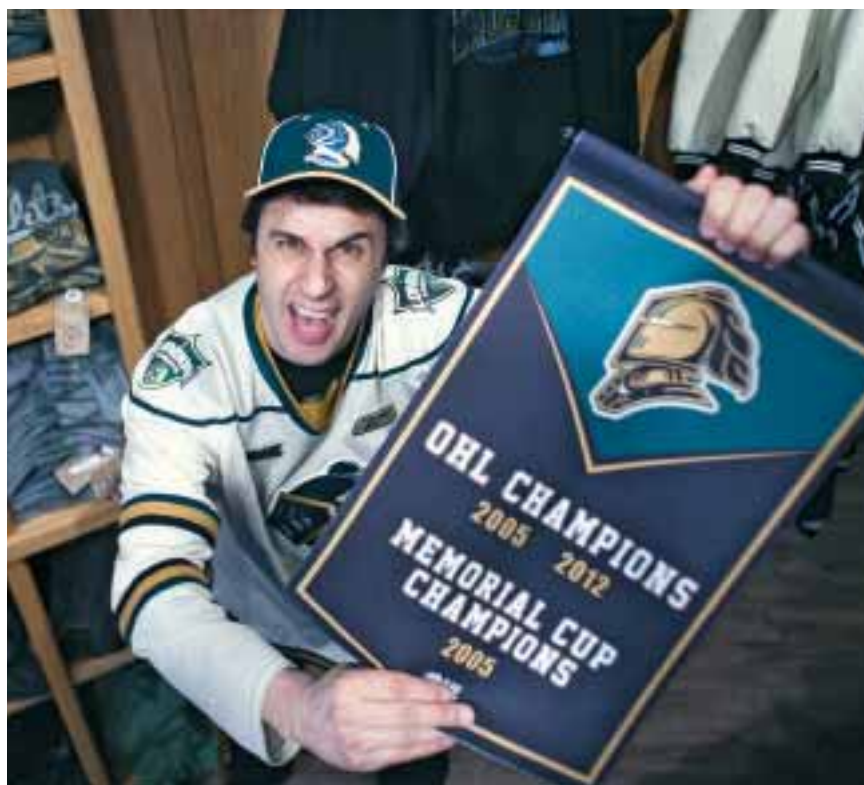
The London Food Bank is kicking off its annual spring drive to bring in needed supplies for a rising number of clients **PAGE 2**

Fading to black?

Hundreds of millions of people will be switching off their lights on Saturday, but is the mostly symbolic gesture just a waste of time? **PAGE 10**

Spoiler: It'll end in tears

Two prequels coming to TV look at the formative years of pop culture's favourite serial killers, Norman and Hannibal **PAGES 18 & 19**



FRIDAY KNIGHTS FEVER

London Knights über-fan Bud Gracey, 43, of London, gets pumped on Thursday at the team store in Budweiser Gardens. Gracey and other Knights fans are primed for the puck to drop on the OHL playoffs on Friday against the Saginaw Spirit. More Knights coverage, page 6. MARK SPOWART/FOR METRO

Local outfitter could feel cuts

Federal budget. Hockey equipment maker says getting rid of tariffs is a bad idea

MARK SPOWART
london@metronews.ca

When the finance minister was writing this year's federal budget, he probably wasn't thinking about London's Vaughn Custom Sports.

But, his spending plan has put the company's staff a little on edge.

Jim Flaherty's budget, tabled on Thursday, promises to kill a tariff of approximately 18 per cent on imported hockey equipment. While many players across the country might see the move as a step toward lower prices, it could hurt Vaughn's bottom line.

"I think the government should look at leaving, or even increasing (tariffs)," said Dave

A London institution

- Vaughn Custom Sports has been operating in London for 30 years.
- The company has between 60 and 75 employees at its factory at 455 Highbury Ave. N.

Nugent, vice-president of sales and marketing. "Removing them will have a negative impact on manufacturing here."

Best known for its goalie equipment, Vaughn also produces a line of equipment under the name Eagle. Its products can be found in stores and on players in amateur and professional hockey leagues around the globe.

Peter White, president and CEO of the London Economic Development Corp., said there's a simple explanation for the government proposal.

"This is an example of

(the federal government) responding to the question of, 'Why do things cost more in Canada than they do elsewhere?' especially when our dollar is at par or better than the United States dollar," he said.

There are several reasons things cost more in Canada: Tariffs, laws requiring that material be printed in two languages, transportation, labour. Removing tariffs is one step Ottawa can take to try to even out price tags here compared to those south of the border.

"In the case of Vaughn, everyone knows Canadian-made equipment is going to be high quality and that should transfer into a premium for the equipment, especially when we are talking about goalie equipment," White said.

Vaughn Custom Sports is one of the last Canadian manufacturers of hockey equipment.

MORE BUDGET COVERAGE, PAGE 5

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ALL CAMPUSES

Food bank starts spring push



Glen Pearson, co-director of the London Food Bank, kicks off the 2013 Spring Food Drive on Thursday.
MARK SPOWART/FOR METRO

3,870 families served.

Annual collection comes on heels of record-setting usage

MARK SPOWART
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As demand continues to climb, the London Food Bank is gearing up for its annual spring push to bring in needed supplies.

The food bank marked its busiest month on record in January, helping 3,870 families.

"Every year since 2008, we have seen an increase in families accessing the food bank, this last year is no different, with a 10 per cent increase from last year," said Jane Roy, co-director at the food bank.

In 2012, Londoners donated more than \$2.5-million worth of food to the food bank. More than 60 per cent of that was given to other social agencies that also rely on the goods.

The spring drive is marking its 26th year. More than 145,000 empty bags are set to be distributed with hopes that people will fill them

In other news

- Metro grocery stores are partnering with Campbell Company of Canada for a Help Hunger Disappear effort.
- A Saturday kickoff is planned from 10 a.m. to 4 p.m. at Metro's Wellington Road store.
- For every bag of food donated during the kickoff, Campbell will donate 10 cans of soup up to 2,000 cans.

with non-perishable food items and drop them off at a London fire station or a local grocery store.

The drive continues through Easter weekend.

Items recommended for donation include: peanut butter, rice, baby food and formula, soup, canned vegetables, beans, juice, tinned meat and fish, pasta and pasta sauce, boxed dinners and other dry goods such as powdered milk, cereal and crackers.

Items such as diapers, toothpaste, toilet paper and detergent are also in demand.

LPS out to rid misconceptions of immigrant-police relations

You're new to London — even new to Canada. You don't know anyone, don't know where to turn for direction. A number of agencies extend a helping hand. One of them, the London Police Service, is polite and helpful.

This puzzles you. "The police are not our best friends from where we come from," said Huda Hussein, project coordinator for the London

and Middlesex Local Immigration Partnership. "These are people you can trust (in London), however."

Immigrants from places in conflict tend to have a poor, often hostile, relationship with law enforcement in their native countries, officials said. Police marked International Day for the Elimination of Racial Discrimination on Thursday by launching a campaign aimed at

retooling those attitudes.

Educational tools that are part of the effort will be shared with newcomers through community partners.

A DVD, titled London: A Community For All People, preaches cultural inclusion as a way to build trust between officers and immigrants. Pamphlets are available in English, Arabic and Spanish.

JOHN MATISZ/METRO



Huda Hussein, project co-ordinator for the London and Middlesex Local Immigration Partnership. JOHN MATISZ/METRO

LPS diversity initiatives

- Appointment of a diversity officer (Sgt. Marcel Marcellin.)
- Placing multilingual decals on cruisers (5 languages.)
- Hiring of officers who speak various languages (21 languages covered throughout force).

Diploma Programs

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Open houses

Come check us out: Fanshawe

Fanshawe College will have open houses at all campuses from 10 a.m. to 2 p.m. Saturday. People will be able to tour facilities and chat with faculty. Sessions will also be offered on financial aid and program options. **METRO**

World Water Day

H2O focus of Western event

Western University will mark World Water Day with insight from a panel of water gurus. The event runs from noon to 2 p.m. in the Mustang Lounge at the University Community Center. The panel discussion will start at 1 p.m. **METRO**

251 Dundas St.

Youth forum to focus on jobs

The London Youth Advisory Council will focus on finding solutions to youth unemployment during a 1 p.m. Sunday forum at the central library. People aged 15 to 25 are invited. The forum will include speakers and workshops. **METRO**

Collaborative creations

That sounds ArtTastic!

Big Brothers Big Sisters will launch its ArtTastic! Art Exhibit at 5 p.m. Monday at the non-profit's headquarters (543 Ridout St. N.). Select pieces from the works that will be displayed will be auctioned during a May 3 fundraiser. **METRO**

Pipe Trouble

Premier looking into pipeline game

Ontario Premier Kathleen Wynne says she'll be looking into an online game promoted by a taxpayer-funded broadcaster that shows the bombing of a gas pipeline. A blog post supporting the game appeared on the website of provincially funded

TVOntario.

The TVO website also provides a link to the game, called Pipe Trouble, and offers a free trial.

Questions have been raised about the game's introductory video, which appears to show activists protesting before a pipeline blows up.

The TVO blog describes Pipe Trouble as a "companion ethical game" to a documentary. **THE CANADIAN PRESS**

Cheaper to keep ombudsman?

Ouster. Options

MARK SPOWART
london@metronews.ca

Why pay when you can have the same service for free?

That might just be the question some politicians ask if Coun. Stephen Orser moves to part ways with Ontario Ombudsman André Marin, the city's closed-meetings investigator.

The Municipal Act requires that city councils appoint someone to investigate closed-meeting complaints.

Many cities across the province choose to use the ombudsman's office for that role at no cost to them. If councils appoint a third party — often a lawyer — to the post, they have to pony up cash.

"The issue here is that we are going to be paying someone, if they are a lawyer, \$450 an hour, which is the going rate for lawyers," Coun. Paul Hubert said. "And, we are going



Paul Hubert
CONTRIBUTED

to have to make sure that they and their staff are up to speed (on issues)."

"How many complaints does the ombudsman's office deal with in a year? They receive them, review them, dispense with the frivolous ones and dig into the ones that have credibility," Hubert said, citing reasons Marin should be kept on board.

City council is expected to hear a staff report next month about appointing an integrity commissioner who would investigate alleged code-of-conduct violations and conflicts of interest.

A commissioner, which is not required by the Municipal Act, could also be charged with handling meetings complaints, city clerk Cathy Saunders said.

Regardless of who's in charge, "they have to follow the same rules and laws on how to conduct an investigation," she said.

Idle No More protesters stop traffic

Protesters took over Richmond and Dundas streets Thursday as the Idle No More movement marked a National Day of Action. About 150 people descended on the intersection, stopping noon-hour traffic. Backers of the grassroots campaign say federal policies are weakening environmental laws and hurting aboriginal communities. First Nations should be recognized as sovereign stakeholders in decisions affecting land and resources, they say.

MARK SPOWART/FOR METRO



MLB. Fan lands cave gig



Whitzman
CONTRIBUTED

Former London Rippers intern April Whitzman, 25, has been selected as one of nine MLB Fan Cave correspondents.

The fan reporters will live and work in New York City this baseball season, producing con-

tent for a large international audience.

"There are no words that can describe how excited I am, and no words to describe how honoured I am," Whitzman told Metro in an email. "I really hope to make Canada and the Toronto Blue Jays proud!"

JOHN MATISZ/METRO

Earth Hour. It's lights out this Saturday

The city is encouraging people to mark Earth Hour by turning off non-essential lights and appliances at 8:30 p.m. Saturday.

Earth Hour made its debut in Sydney, Australia, in 2007 and was launched globally in 2008.

Londoners have been active participants for several years, reducing electricity demand by almost six per cent during some observances.

London Hydro will be measuring Londoners' success on Saturday. **METRO**

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Budget bets on status quo

Federal finance plan.

Blueprint adds no new money while largely reshuffling expenses

When Jim Flaherty was a young man, they called it a brake stand — one foot on the gas and one on the brake, creating lots of noise and plumes of blue smoke but moving the vehicle sideways if at all.

Stephen Harper's finance minister is banking that all the torque in his eighth federal budget, delivered Thursday, will propel the Canadian economy forward in a burst

Flaherty's mission

Canadians have faith "that their government will be a benign and silent partner in their enterprise, not an overbearing behemoth squeezing them at every turn."

Finance Minister Jim Flaherty to the House of Commons in his budget speech.

sometime next year.

It's all geared to a fall 2015 election date, when Prime Minister Stephen Harper hopes to woo Canadian voters with the first balanced federal budget since 2008.

In the meantime, Flaherty's foot remains firmly on the spending brake in a

2013-14 fiscal blueprint that shuffles priorities, re-allocates resources and cracks down on tax cheats but adds no new money while continuing dramatic cuts to direct program expenses.

The deficit for the current fiscal year that ends in two weeks is projected to be \$25.9

billion — exactly as forecast in the fall fiscal update but up significantly from the \$21.1 billion posited by Flaherty in last March's budget.

Part of that bump comes from a one-time, \$2.4-billion increase in Ottawa's nuclear cleanup liability.

Total spending, including debt-servicing charges, will rise to \$282.6 billion this year, up less than one per cent on the 2012-13 spending envelope of \$280.1 billion. That's effectively a cut after inflation and population growth are factored in.

More significantly, direct program expenses — which exclude major transfers to

Deficit

\$25.9B

The deficit for the current fiscal year is projected to be \$25.9 billion.

Assumptions

While the budget is deeply conservative, many of its assumptions are not:

- **Fighting tax loopholes and cheats** will rake in half a billion dollars this year and rise to \$1.3 billion the next.
- **GST revenues**, up 1.8 per cent in 2012-13, will grow 4.9 per cent a year.
- **Corporate tax revenue** will jump by 5.5 per cent a year, on average.

other levels of government — are projected to plunge almost \$4 billion this year and another \$2.5 billion in 2014-15. The exact nature of those program cuts remains something of a mystery.

"It's very much a status quo budget," said economist Derek Burleton of TD Bank. "Reallocation is a key theme."

THE CANADIAN PRESS



Finance Minister Jim Flaherty THE CANADIAN PRESS

It'll get you the skills to pay the bills

The key feature is the Canada Job Grant. According to the budget, the grant "could provide \$15,000 or more per person" for short-term training. Only \$5,000 would be contributed by the federal government, with matching contributions coming from provinces and employers. TORSTAR NEWS SERVICE

5

things to know about the budget

Call it the "judge-it" budget

Political opponents were not kind to the plan.

NDP Leader Tom Mulcair called it a "shell-game con job," and Green Party Leader Elizabeth May dubbed it the "fudge-it budget."



NDP Leader Tom Mulcair

"The propaganda machine is going to be working overtime, because they've repackaged and put together some old programs and given them new names," groused Bob Rae, the interim Liberal leader. THE CANADIAN PRESS

The outside world under one tent

The Canadian International Development Agency, which performs aid work in developing countries, will be swallowed up by the Department of Foreign Affairs and International Trade.

The new entity will be called the Department of Foreign Affairs, Trade and Development. The government says it "will continue to serve the same functions as the old departments." TORSTAR NEWS SERVICE



CIDA, with the Canadian Red Cross, provided these winterized tents to earthquake-hit Turkey in 2011. CANADIAN INTERNATIONAL DEVELOPMENT AGENCY/THE CANADIAN PRESS

Billions to back building boom



The Conservative government is devoting \$14 billion over a decade by renewing a deal that helps cities invest in infrastructure.

"Infrastructure creates jobs, supports trade and fuels economic growth," Finance Minister Jim Flaherty said.

The new Building Canada Fund will replace a seven-year deal set to expire next year and give provincial and municipal governments time to plan and to figure out how to match the funding.

THE CANADIAN PRESS

ISTOCK

Can't afford to stay active AND clothe your baby? Feds have you covered

The federal government is cutting tariffs on baby clothing and athletic equipment in hopes the price breaks trickle down to consumers.

Finance Minister Jim Flaherty announced the \$76-million cut in reaction to ongoing discrepancies between Canada and the U.S. "Some products consistently cost more in Canada compared to the exact same products sold in the United States," the budget said.

The tariff cut applies to baby clothing and sports and athletic equipment, such as ice skates, hockey equipment, skis, snowboards and golf clubs. TORSTAR NEWS SERVICE



ISTOCK

Knights face formidable foe in Spirit netminder

OHL. Goaltending takes centre stage in London's first-round series against Saginaw

The London Knights have their sights set on making life difficult for Saginaw goalie Jake Paterson over the next two weeks.

Paterson was Team Canada's third-string goalie at the 2013 world juniors.

He and his Spirit teammates will start the Ontario Hockey League post-season Friday with a daunting task: defeating the defending champion Knights in London.

One of the big keys to winning the series is "pretty obvious," London assistant captain Seth Griffith said: "Their goaltending."

"Paterson stole a couple of games from us last year. I think he's going to come ready to play."

London, owner of the league's regular-season title two years straight, was given a run for its money when Saginaw took it to the sixth game of the 2012 Western Conference semifinals.

If it weren't for Paterson, the Spirit probably would have been disposed of in four or five matches.

"He's a rock back there," said Tommy Hughes, another Knights assistant and a guy who has been around the



London Knights goalie Anthony Stolarz and coach Bill Dark share a laugh during Thursday's practice at the Western Fair Sports Centre. JOHN MATISZ/METRO

Head-to-head

Knights vs. Spirit regular-season results:

- Jan. 4: 8-2 London win (game-winner: Ryan Rupert)
- Jan. 12: 5-2 Saginaw

(Andrey Alexeev)

- Feb. 24: 3-2 London (Alex Broadhurst)
- March 16: 3-2 London (Alex Broadhurst)

league long enough to identify stellar goaltending.

Aside from an awful Game 3 — in which Paterson, an 18-year-old from Mississauga, allowed three goals on seven shots — he was a wall in the 2012 playoffs. The .914 save percentage in 11 other appearances doesn't do Paterson's per-

formance justice.

Griffith and Knights assistant coach Dylan Hunter use the word "greasy" to describe the type of goals they'll need to get in order to combat the Detroit Red Wings prospect.

"We have to make sure we have good habits. We can't be thinking about the highlight-

reel goals," said London captain Scott Harrington, who won't be in the lineup Friday because of an upper-body injury.

Goalie Anthony Stolarz, a mid-season recruiting snag by Knights general manager Mark Hunter, will get the nod at the other end of the rink. In three appearances so far against the Spirit, the giant-sized American has stopped 58 of 63 shots.

Unlike in years past, London enters the post-season with two netminders who don't have proven track records in the OHL playoffs.

Stolarz has no experience, while Jake Patterson — slotted as the backup in net — sat on the bench during the 2011-12 run. JOHN MATISZ/METRO

We asked three green-and-gold-hearted London Knights fans for some insight as the boys gear up for the playoffs.



James Centifonti, 33, Fairless Hills, Pa.

Question: What's the one thing the Knights need to do to be successful in the playoffs?

"In any championship run it's really never just one thing you need to do as a team to have success. Personally, I believe poise and control is what elevates a team to that next level."



Kyle Moody, 22, London

Q: Which do you think has more weight: The negativity associated with the Knights' first overall standing (i.e., teams get extra motivated) or the team's positive attitude (i.e. home-ice advantage)? Why?

"Positivity. I think the players feed off the energy from the fans."



Lila Grube, 40, London

Q: Who's your favourite player and what can he do to make a difference?

"Josh Anderson. I would say he needs to just continue doing what he's doing. I look for him, (Chris) Tierney, (Bo) Horvat. Last year in the playoffs they were kind of the fourth-string ... but they've really stepped up this year."

D-man

Can Olli Maatta rekindle the magic?

The evolution of Olli Maatta swooped upward during the 2012 Ontario Hockey League playoffs.

In 19 games, the first-year rearguard produced six goals — two of them game-winners — and 23 points.

The burst in production helped Maatta solidify himself as a surefire first-round pick in last June's NHL draft. The Pittsburgh Penguins eventually selected him 22nd overall.

A year later, and with a more prominent role in the London Knights blue-line corps, the Finn is pumped for an opportunity to sip from the J. Ross Robertson Cup a second straight year.

"It doesn't matter how many points I (get) myself — I don't really care — all I care about is winning," said Maatta, 18.

Scott Harrington's absence from Friday's Game 1, due to an upper-body injury, presumably bumps Maatta into a shutdown spot alongside over-ager Tommy Hughes.

JOHN MATISZ/METRO

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1950s

Marilyn Monroe



1960s

Twiggy



1970s

Farrah Fawcett

Beautiful in

Today, bombshells explode on the scene and quickly disappear. There is no iconic image of beauty to represent the past decade. Angelina Jolie's impossible curves are still sexy, but so are Tina Fey's intelligence and Serena Williams' athleticism.

Melita Kuburas explores why the transient nature of beauty is problematic.

I didn't set out to find the Marilyn Monroe of my generation, the one beauty icon that speaks to us all — but then I saw her staring at me.

With her imperfect teeth, messy,

bleached hair and morning-after complexion, musician Liza Thorn is the anti-Marilyn, and we need more like her.

Thorn's unlikely ascent as a style icon — she has an affinity for ripped stockings and tattered coats — was featured last month in The New York Times' fashion app The Collection. "She is a beguiling presence," writes NYT's William Van Meter. Thorn likely won't capture our attention for long, but the fascination with her carefree look is symbolic of a change that's occurred within the beauty industry. There is no

longer a single beauty or style icon that captures our admiration. Bombshells explode onto the scene, we become enraptured, then quickly move on to someone else.

"We used to look to magazine supermodels and to Hollywood celebrities and starlets to define iconic beauty. But not only is Hollywood a little bit more diverse, our definitions and

expectations for beauty are far more diverse," says Sidneyyeve Matrix, associate professor of media and film at Queen's University in Kingston, Ont.

Matrix says the online space has "democratized" the beauty industry.

"Social media is now a mainstream broadcast platform for us," she says. "We can all chime in and vote for what we think is interesting and smart and beautiful."

Thanks to Instagram, Tumblr and YouTube,

we've dethroned the beauty mavens with our own, more diverse images and content, Matrix says.

You don't have to be a magazine editor to review makeup, attend Fashion Week or participate in trunk shows or store openings.

Those are some of the perks Kerrilyn Wong has enjoyed since she started writing her blog, There's Something About Kerri. Wong, 26, has a knack for spotting unique pieces and putting together enviable outfits. But she gravitated to beauty blogs for another reason — at five foot four, she couldn't relate to the leggy models in magazines.

"Their body proportions were not similar to mine," writes Wong from Vancouver, where she's a student at BCIT. "The hemline of a dress on a magazine model may fall above her knees, but for shorter girls, it may fall to their calves and make them appear stubby."

Beauty blogs are seen as more relatable than mainstream publications because the writers have insecurities

Exclusively online

A face research lab compiled numerous images of faces to create one composite "average" face and found the result was surprisingly attractive. Metro talked to the researcher who runs the lab. Visit metronews.ca for the interview and to find out how you can make your own composite face. For more on beauty, check out our interactive face map.



1980s
Brooke Shields



1990s
Naomi Campbell



2000s
Gisele Bundchen



Sorry folks — beauty icons are over

a heartbeat

Quoted



“If we are feeling insecure, we always want to find a way to make ourselves continue to feel insecure. Having images in the media that are so beautiful and so glamorous keeps us in our place. So, there’s a part of us that wants it; it feeds that part of us to feel inadequate.” Kimberly Moffit, psychotherapist, on why we feed on aspirational images of beauty

similar to our own. Wong, for instance, has shared about her own dieting and exercise, talking openly about the body parts she’s focusing on toning up.

But that “realness” factor is deceiving, argues Sabrina Maddeaux, managing editor of Toronto Standard, an online publication that covers urban affairs, style and culture. Most popular bloggers are not challenging the status quo, she says.

“I think blogs, social media and ‘street style’ started off as positive forces for diversity in beauty and fashion, but as they’ve become more associated, supported and controlled by mainstream media outlets, brands and advertisers, they’ve become quite harmful,” Maddeaux says.

“A lot of these bloggers have risen to fame through the support of major media outlets and brands, who then turn around and use their association with them to say: ‘Look at us! We’re being real!’ But they’re just different versions of the same girls they’ve always

featured in magazines and campaigns.”

Maddeaux sees a superficial improvement when it comes to diversity in magazines.

Stars like Kim Kardashian, Christina Hendricks and Beyoncé are praised for their “curvier” bodies and accept their stardom as proof that Hollywood supports a healthier body image. But while those women are exceptionally attractive, their beauty — doe eyes, puffy lips, large breasts — is ultimately rather conventional.

“Plus-size models still have to fit into a very specific size range — one that doesn’t reflect the majority of women — and even the ‘quirky, intelligent’ celebrities like Tina Fey still look like most people’s prom queen,” Maddeaux argues. “Clearly, editorial teams are still way behind the curve on this.”

Even though we don’t have one style or beauty or icon, there’s still a standard of beauty and of physique that’s hailed by the media as being attractive, says Kimberly Moffit, a Toronto-based

psychotherapist. “I think that can be discouraging for young women.”

Both Moffit and Maddeaux are concerned about the idolization of single body parts — Pippa Middleton’s butt, Scarlett Johansson’s lips, a skinny runway model’s “thigh gap.”

“The rate at which we speed through icons, and fragmentize them, is actually much more de-humanizing than what we saw in decades past,” Maddeaux says.

The transient nature of beauty icons has come with its own problems, but there is still a healthier balance than once existed.

“Think about Twiggy and how specific that body type was,” Moffit says. “There were probably some women that really struggled because they saw pictures of Twiggy and wished that they could be like her.”

When there is a dominant ideal of beauty — whether it’s a blond woman with large breasts or a waifish woman with round eyes — we are less likely to see our own qualities as attractive.

A U.K. study published last year found evidence that our “visual diet” affects our acceptance of larger shapes and sizes. The authors say women who were shown pictures of heavier models were afterward more likely to accept theirs as an ideal body type.

If the study is right, then seeing more women with peculiar features like Thorn’s praised for their looks may make us feel more accepting of our own.

as a person.

“She can be reflected now not just as a canvas for portraying the latest in some great designer’s imagination. She has an authentic and legitimate appeal to the women who really care what she has to say,” Mitchell says.

No matter what kind of women’s magazine a woman is reading, beauty is part of the allure, says Mitchell. “Beautiful visuals and an aspirational quality are always part of the appeal of sinking into your favourite magazine.” JESSICA SMITH/METRO

That’s hot

Gossip columns obsess over it, magazines search for it and Paris Hilton trademarked the phrase, but our concept of what’s hot seems to change too quickly to truly define. Beauty, on the other hand, is a little different.

“When I look at what’s beautiful, that’s people who have a classic beauty,” says Lisa Tant, vice-president, fashion editor at Holt Renfrew. “Hot is what’s sexy. (It changes) all the time. With Twitter, it can change tomorrow.”

According to Dr. Peter Adamson, an otolaryngologist (head and neck surgeon) practising in facial plastic surgery, what we find hot, or attractive, is based on a composite of the hundreds of people we see around us. But beauty, says Adamson, isn’t necessarily based on opinion. It’s based on hormones.

“The features we find beautiful are those features we know are derived from high estrogen levels (in women),” he says, adding that high estrogen levels mean high fertility.

For a woman, these features include larger eyes, a smaller nose, a short, triangular jaw line and high cheekbones. For a man, beauty is based on features derived from high levels of androgen, he says. This means smaller eyes, lower brows, a square face, a strong jaw and a bigger nose.

“It’s a very hard-wired thing. It’s been with us for generations and generations,” Adamson says.

Globalization of beauty:

There may never be another Marilyn Monroe. Tant is OK with that. According to Tant, there has been a major shift in the beauty world.

“When Marilyn Monroe was considered the look of the decade ... people didn’t have a voice. Now, our standard of beauty is much more universal,” she says.

The proof is in the magazines, which feature models and celebrities from all over the world. Blond hair and blue eyes have been replaced with an array of different colours.

“The number one model in the world, her name is Joan Smalls, she’s from Puerto Rico. ... She’s not blond hair and blue eyes. Fashion now is global,” Tant says.

Adamson not only agrees with Tant, he can explain the phenomenon.

“The beauty ideal is changing, so the reason it’s changing is that we’re seeing the globalization of beauty,” he says.

This shift in beauty has to do with immigration and social media. The more we see different cultures around us, the more we want to emulate their looks.

“The point is, there are many different celebrity and beauty icons today, and they’re not all Caucasian, whereas, 50 years ago, they were,” Adamson says. RITA POLIAKOV/METRO



Joan Smalls
GETTY IMAGES FILE

Cover models not just pretty faces

There are a wide range of cover girls these days because the women’s magazine industry is more fragmented, says Kerry Mitchell, a former publisher of women’s magazines including Chatelaine and Flare.

“Media is just much more interactive. It’s far easier now for consumers to align themselves with groups or tribes they have a particular affinity for,” says Mitchell. “One group’s idea of beauty or style can be very different than another’s and that’s OK.”

Women have different expectations of

different magazines, and cover models and the way they are — or aren’t — written about must align with them, she says.

In fashion magazines, “the height of visual artistry is the appeal and you’re less interested in the woman. But, in others, looking behind the veil and learning about the life behind the look is highly appealing,” she says. For example, Mitchell places Canadian supermodel Coco Rocha among the top of today’s beauty icons, in part because she has, over time, connected with a segment of the fashion audience

Photo credits: Marilyn Monroe, Michael Ochs Archives/Getty Images File; Twiggy, The Associated Press File; Farrah Fawcett, Hulton Archive/Getty Images File; Brooke Shields, Getty Images File; Naomi Campbell, Martial Trezzini/Keystone/The Associated Press File; Gisele Bundchen, Getty Images File



The Acropolis in Athens with the lights on, and off, during Earth Hour on March 31, 2012. GETTY IMAGES FILE

Switching off

For good? Hundreds of millions participate in Earth Hour, but can 60 minutes make a difference?

KIERON
MONKS
Metro World News

Be prepared — at 8:30 p.m. on Saturday the lights turn off. From Tokyo to Toronto, Palestine to Papua New Guinea, hundreds of millions of people in more than 150 countries will participate in the world's largest co-ordinated action on climate change, led by the World Wildlife Fund (WWF).

Organizers state this is a "symbolic" action, and there will be no measurement of its impact. But campaigners

Criticism

"For the green movement to grow it needs to be relevant to daily lives and to local issues."

Mike Shanahan of the International Institute for Environment and Development

believe it's important to challenge our relationship with technology.

"People need to see collective action to take the issue seriously," says Peter Madden, CEO of the international group Forum for the Future. "Changes can be attractive if they are re-enforced socially."

With technology increasingly embedded in everyday life, it's time to make smarter choices, says Madden. "The most exciting innovations are making energy use visible."

Phone apps can give you data, heaters can learn when they are needed."

The Beyond Zero Emissions group estimates that energy demand could be halved if people replaced their appliances with more efficient models. Patio heaters remain among the worst offenders, and campaigners are aiming for 100 per cent LED lighting.

For hardliners, living off-grid has become increasingly possible. "There is cheaper and more reliable energy available such as ground-source and mini turbines — a great alternative to the rising cost of traditional fuel," says Madden.

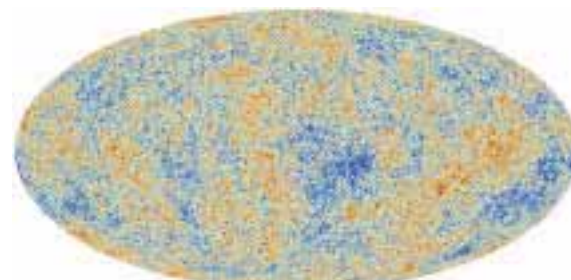
However, Earth Hour's "global switch-off" concept has also been criticized, and participation and online involvement have dropped off this year.

Universe far older than thought, scientists say

New results from looking at the split-second after the Big Bang indicate the universe is 80 million years older than previously thought and provide ancient evidence supporting core concepts about the cosmos — how it began, what it's made of and where it's going.

The findings released Thursday bolster a key theory called inflation, which says the universe burst from subatomic size to its now-observable expanse in a fraction of a second. The new observations from the European Space Agency's \$900 million Planck space probe appear to reinforce some predictions made decades ago solely on the basis of mathematical concepts.

"We've uncovered a funda-



This image shows the most detailed map ever created of the cosmic microwave background acquired by the European Space Agency's Planck space telescope.

ESA-PLANCK COLLABORATION/THE ASSOCIATED PRESS

mental truth of the universe," said George Efstathiou, director of the Kavli Institute for Cosmology at the University of Cambridge who announced the satellite result in Paris. "There's less stuff that we don't understand by a tiny

amount."

The Planck space probe looked back at the afterglow of the Big Bang, and those results have now added about 80 million years to the universe's age, putting it at 13.81 billion years old. **THE ASSOCIATED PRESS**

Sept. 18, 2014

Scotland sets date for vote on independence

Scottish leader Alex Salmond has set Sept. 18, 2014, as the date for an independence referendum that could radically alter the shape of the U.K., calling it a historic opportunity to create a better country and a day "when we are able to speak with our own voice, choose our own direction and contribute in our own distinct way." **THE ASSOCIATED PRESS**

Portland, Maine

Man gets jail for prostitution op at Zumba studio

An insurance agent who helped run a prostitution operation out of his mistress's Zumba studio and watched secretly videotaped sex acts was ordered to spend 20 days in jail in a scandal that rocked a small northeastern town. Prosecutors say Mark Strong Sr. was involved in every facet of the operation with fitness instructor Alexis Wright. **THE ASSOCIATED PRESS**

Milestone

YouTube reaches 1B users a month

YouTube says more than 1 billion people are now visiting its video site each month to watch everything from clips of cute kittens to scenes of social unrest around the world. The milestone marks another step in YouTube's evolution from a quirky startup launched in 2005 to one of the most influential forces in today's media landscape.

Google bought YouTube for \$1.76 billion in 2006. **THE ASSOCIATED PRESS**

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WHEN LIFE GIVES YOU SHEER LEMONS

1 Lulu of a lemon. Yoga togs manufacturer recalls its Luon yoga pants because if you look closely enough, you can see through them. I'm not sure why that's a problem, but the recall has led to a critical yoga pants shortage (really?). On the other hand, it's led to an over-abundance of clever headlines, like this one from fashionista.com: I See London, I See France: Lululemon Recalls See-through Yoga Pants.

2 Don't cry for me Argentina. But you can say a prayer if you like. The first non-European Pope in a zillion years channels the beloved St. Francis of Assisi and advocates on behalf of the poor and the environment. But if you're a gay couple that wants to get married, save your prayer for the next one, maybe.

3 Global village idiot. Let me see if I've got this: Cyprus, the world's 159th biggest country, is a tax haven for Russian oligarchs.



THE METRO LIST
Paul Sullivan
metronews.ca

garchs. Its banks invest in Greece (not smart); then Greece goes belly-up, and Cyprus wants a bailout. The EU tells Cyprus to eat baklava, so Cyprus gets the bright idea to plunder people's personal savings, but before they can, the Russian oligarchs take all their money out of Cypriot banks. This has led to unstable markets around the world. It's random, dude...

4 Crouching Tiger, hidden dragon lady? Tiger Woods and Lindsey Vonn are dating. He's won 76 PGA tour events and she's won 59 World Cup ski races. She's been the athlete of the year (2010). He's been the athlete of the decade (2009). I'm already looking forward to the breakup. Should be world-class.

5 Lean in, fall down. OK girlfriend, you're trying to make partner at a national law firm, you're getting your master's in quantum physics, you have two children in pre-Ivy league board-

ing school, you're a gourmet cook, you're the CEO of home. Now you have to read this stupid book by some Facebook COO that says you're not trying hard enough to rule the world. Lean on this, Sheryl Sandberg.

6 Fiscal fine print. Thursday's federal budget was pretty boring unless you're a tax lawyer or a business editor. Except for this item: Ottawa to raise tariff on goods from 72 countries, except baby clothes and hockey equipment, which are exempt. So that's Stephen Harper's plan for Canada.

7 2013, A Space Oddity. Voyager 1, launched in 1977, is now 12 billion miles from home, and according to the American Geophysical Union, it has left the solar system. Then, a few hours later, the AGU backed off its original statement, saying only that the little vessel has entered a new region of space. Could be the first recorded case of cosmic premature ejaculation.

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ZOOM

Toronto birds hitting the wall



THE CANADIAN PRESS

ROM exhibits thousands of dead birds

The bodies of about 2,400 birds that died in collisions with buildings while trying to navigate through Toronto's skyline were on display at the Royal Ontario Museum in Toronto Thursday.

The exhibit is part of an annual public awareness campaign launched by the Fatal Light Awareness Program.

THE CANADIAN PRESS

Look out

1M

The exhibit includes 91 species and represents only a small sample of the estimated one million birds that die annually in collisions with Toronto buildings, mostly office towers.

Charges dropped against developer

Last month, an Ontario judge found that the owner of a Toronto office building was responsible for the deaths of hundreds of birds that flew into its highly reflective windows. However, the judge acquitted the owner because it did due diligence in trying to rectify the problem.

THE CANADIAN PRESS

Clickbait



ANDREW FIFIELD
andrew.fifield@metronews.ca

If you're reading this on transit, chances are good there's an ad for a radio station nearby. Chances are equally good it's pushing the same handful of artists you can hear just as easily by shopping at the mall. So why not check out these Canadian music blogs and discover something new?



GETTY

Silent Shout

Named after The Knife's revered 2006 album, it's the ultimate bookmark for those who like their electronic music dark and a little menacing.

(silentshout.ca)

Weird Canada

Whatever genre is your jam, this relentless crew will find gold for you. Bonus feature: the vivid song descriptions are second to none. (weirdcanada.com)

Quick Before It Melts

A daily dose of gems from Canadian bands, reliably curated with impeccable taste. (quickbeforeitmelts.com)

Twitter

@metropicks asked: Cheaper gas? More housing? What would you like to see included in the federal budget? #eap13

@ibew_sparky: raise minimum wage

@seanorr: A completely re-worked economy favouring renewable energy and not hinged on constant growth at any cost, divestment in military

@Samyzz: I would like there to be more housing, including for youth in

poverty. Also more financial aid to those unemployed for a year.

@ermahgerd_amber: #toronto without #robford. that's gotta be within the budget, somewhere. #eap13 #TOPoli

@Jordan_Daniels: #eap13 A look at how to make #Vancouver a more affordable place to live! Then we would be the BEST PLACE TO LIVE!

Follow @metropicks and take part in our daily poll.

WE WANT TO HEAR FROM YOU:
Send us your comments: londonletters@metronews.ca

Q4. Lululemon says pants recall put customer loyalty ahead of, er, bottom line

Lululemon Athletica Inc., the Vancouver-based retailer of workout gear, admits the recent recall of its black Luon pants will put the pinch on earnings this year, but says keeping customer loyalty is paramount.

"Delivering the top quality our guests expect is a critical factor in our differentiation in the marketplace," CEO Christine Day said in delivering an upbeat fourth-quarter earnings report Thursday that slightly exceeded the expectations of analysts.

The company, which operates 211 stores in North America and Australia, said earlier this week it was pulling some of its stretchy black pants from

Advanced quality control

"The only way that you can actually test for the issue is to put the pants on and bend over."

Lululemon Athletica CEO Christine Day

its shelves because of manufacturing problems that made them too sheer.

Day said it wasn't known whether it was the ingredients, specific manufacturers or problems with the manufacturing process that caused the black Luon pants to be too sheer.

THE CANADIAN PRESS

Market Minute

DOLLAR
97.63¢
(+0.11¢)

Natural gas: \$3.93 US (-3¢)
Dow Jones: 14,421.49 (-90.24)

TSX
12,747.87 (-78.68)

OIL
\$92.45 US (-\$1.05)

GOLD
\$1,613.80 US (+\$6.30)

Assad supporters hack BBC Twitter accounts



A screenshot of the BBC weather service's Twitter account on Thursday, after it was hacked along with two other BBC accounts. THE ASSOCIATED PRESS

Online security. Prank is latest in string of web attacks by group called Syrian Electronic Army

Supporters of Syrian President Bashar Assad hijacked the Twitter accounts of the BBC's weather and Arabic services on Thursday and posted messages that were by turns political, anti-Semitic and comical.

The BBC confirmed that several accounts had been hacked, saying that it is "actively working" on the issues and expected them to be resolved shortly.

The hackers identified themselves as members of the Syrian Electronic Army, a group that has carried out a string of web attacks against targets such as Al-Jazeera, which it sees as sympathetic to Syria's rebels.

The BBC Weather, BBC Arabic and BBC Radio Ulster accounts appear to have been

Vatican bat signal

- One of the Vatican's main Twitter accounts, @ccs-va, and the website of its communications office were running stories about Batman on Thursday, raising concerns they might have been hacked.

- But Vatican communications adviser Greg Burke said the sites had not been hacked and that the story is a legitimate Catholic News Service story. "Admittedly some people might have been thrown off by the headline," he said.

the targets. Among the messages posted on the BBC Weather Twitter account were "Long Live Syria Al-Assad" and "Saudi weather station down due to head-on collision with camel."

THE ASSOCIATED PRESS

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(45g - 75g)
Selected Types



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PRODUCTS
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or DEODORANT/
ANTIPERSPIRANT
(76g - 85g)
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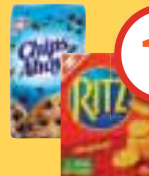
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PEANUT BUTTER 750g - 1kg
Selected Types
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Rest of Week 2.99



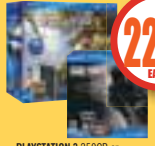
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or BODY PAIN (18's - 72's) CAPLETS
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Synopsis

When a judgment call costs him his job as a personal security guard to the president of the United States (Aaron Eckhart), Mike Banning (Gerard Butler) is reassigned to a desk job in the Treasury Department. He wants his old job back and a second chance to show he has the right stuff. He gets another crack at it when North Korean terrorists invade Washington, overtake the White House, killing POTUS's entire security team and kidnapping the prez. As the only man left with a gun and knowledge of the White House's security systems, he alone must protect the future of the free world!

- Richard: ●●●●●
- Mark: ●●●●●

Reel Guys

RICHARD CROUSE AND MARK BRESLIN



Gerard Butler is the only one who can save the day in *Olympus Has Fallen*. HANDOUT

Fallin' for the action

Olympus Has Fallen.

By-the-book hostage flick is full of bombs, bodies and bad guys

Richard: *Olympus Has Fallen* is about as standard as action movies get. It's so standard that the two most presidential of actors — Aaron Eckhart and Morgan Freeman — both play the Commander in Chief. This movie has everything you expect, which, if you have low expectations — and you should — is guns, bombs and at least one character who comforts a mortally wounded man with the words, "C'mon! Hang

in there!" Imagine *Red Dawn* with fewer teenagers and a bigger body count.

Mark: With a plot ripped from the pages of season 3 of *24*, the movie still satisfies the craving for high body count and low originality. If you like to think one man can make a difference then this is the film for you. A B minus movie to be sure but with A level actors and direction.

RC: I liked how director Antoine "Training Day" Fuqua embraces the '80s-style B-movieness of it all. It's all bash, boom, bang with a side of motive — evil North Korean mastermind Rick Yune

wants to reignite the Korean civil war the U.S. interrupted — and the kind of patriotism that only ever shows up in movies like this. For example, Banning crushes a bad guy's skull with a statue of Abraham Lincoln.

MB: I think this movie might have a different effect on Canadian audiences who wouldn't be quite so moved to patriotism. And remember, when some nutcase stormed into 24 Sussex during the Chrétien era, the PM brained him with an Eskimo carving. Game over!

RC: Ha! This movie isn't really about the patriotism, or any of that flag-waving stuff. It's all about the body count.

The first 20 minutes or so is spent on "character development," an attempt to make stock characters — like the charming but fearless Secret Service agent — but it really begins with the audacious attack and the ensuing mayhem. I think if you had a poster of Dolph Lundgren on your wall in 1984 or rent JCVD movies today you'll likely find a kindred spirit in *Olympus Has Fallen*.

MB: Still, I enjoyed this movie because I'm partial to thrillers that take place in one defined space. You mentioned Lundgren but I'm thinking the lead might have been played by Bruce Willis in his early *Die Hard* days.

2 SCENE

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Actress has no trouble with a double

The Host. Saoirse Ronan had fun with duelling roles in Stephen Meyer's latest imagining



**NED
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Metro World News in Hollywood

Talking to herself comes naturally to young Irish actress Saoirse Ronan, so her dual roles in *The Host* weren't really that daunting. In the film — based on *Twilight* author Stephenie Meyer's novel — Ronan plays a human named Melanie living in a future where alien parasites have come to earth and lodged themselves in the brains of humans, taking over their bodies and fixing the planet in the process. Melanie gets implanted, leading to the alien Wanda taking over her body, but with one complication: Melanie doesn't go away, remaining as a rather upset voice in Wanda's head.

That means a good amount



Saoirse Ronan, right, stars in *The Host*, which opens next Friday. HANDOUT

of the movie consists of Ronan having conversations with her own voiceover. "That was a big question for me when I was going into it was how we were

going to do this," Ronan says. Eventually, she and director Andrew Niccol settled on an earpiece that would transmit Ronan's prerecorded Melanie

dialogue on Niccol's cue, something none of Ronan's co-stars could hear. "I talk to myself so much anyway that it was just like a normal day for me," she

says. "So it was a very natural thing for me to talk to myself."

While Meyer's mega-hit vampire series revolved around a love triangle between a hu-

Quoted

"I talk to myself so much anyway that it was just like a normal day for me."

Saoirse Ronan on having dialogue with herself in *The Host*

man girl, a vampire and a werewolf, she clearly felt the need to up the complexity factor for her followup. In *The Host*, Melanie has a boyfriend (Max Irons) from before she becomes inhabited, which becomes more of a problem when another human survivor (Jake Abel) becomes interested in Wanda — while she's inhabiting Melanie's body. So what exactly do we call a situation like that? It's not exactly a love triangle anymore.

"We're saying it's a love square," Ronan says. "Or a love rectangle, or I think a love parallelogram is another. I quite like that one. It's kind of impressive. So yeah, you can take your pick. As long as it has four sides, you know."

Family/Animation

The Croods

Directors. Chris Sanders, Kirk De Micco

Stars. Nicolas Cage, Emma Stone

• • • • •

In Hollywood, what goes around comes around and so I suppose it's time for a new version of *The Flintstones*. *The Croods* is the new modern stone-age family — only this clan is so nervous of colourful prehistoric creatures, they rarely leave

their beloved cave — except for their restless daughter of course. While there's nothing quite original in the juvenile dialogue, a few worthy gags and a frantic pace certainly keeps *The Croods* from ever being a snooze.

STEVE GOW

Comedy

Admission

Director. Paul Weitz

Stars. Tina Fey, Paul Rudd

• • • • •

As an uptight admissions

officer for Princeton University, Tina Fey brings the fragility of *30 Rock*'s Liz Lemon but hardly as many laughs. When she unwittingly falls for a new-age teacher (Rudd) attempting to get his autodidact student accepted, she's forced

to face some harsh truths. Fey may battle contrived plotting and being upstaged by her underused feminist mother (Lily Tomlin), but *Admission* is still smarter than the average adult comedy.

STEVE GOW

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Mustang Drive-In -London 2551 Wilton Grove Rd., 519-644-1160

Identity Thief (14A) Fri-Sat 8 Sun 9:50
Tue 9:50
No Films Showing Today (STC) Mon
Wed-Thu
Olympus Has Fallen (14A) Fri-Sat 10
Sun 8 Tue 8
Oz the Great and Powerful (PG) Fri-
Sun 8:10 Tue 8:10
Snitch (PG) Fri-Sun 10:30 Tue 10:30

Hyland Cinema 240 Wharncliffe Road South, 519-913-0313

Cloud Atlas (14A) Fri 3:30 Sat 9:05 Sun
2:25 Mon-Thu 9:05
Lincoln (PG) Fri 12:30 Sat 2:25 Sun
9:30 Mon-Tue 12:30 Wed 2:25 Thu
12:30
Quartet (PG) Fri 7 Sat 12:30-7:10 Sun
12:30-5:35 Mon 3:15-5:10 Tue 3:15-
7:10 Wed 12:30-5:10 Thu 3:15-7:10
Star Trek (PG) Fri 11
Thérèse Desqueyroux (STC) Fri 9 Sat
5:10 Sun 7:30 Mon 7:05 Tue 5:10 Wed
7:05 Thu 5:10

Rainbow Cinemas London 355 Wellington St., 519-434-3073

The Call (14A) Fri-Thu 1:25-3:35-
7:10-9:20
The Croods (G) No Passes Fri-Thu
1:15-3:30-7:15-9:30
Escape From Planet Earth (PG) Fri-
Wed 1:10-3:25
G.I. Joe: Retaliation (STC) Wed 7-9:30
Thu 1:10-3:30-7-9:30
The Incredible Burt Wonderstone (PG)
No Passes Fri-Thu 1:05-3:20-7:20-9:35
Jack the Giant Slayer (PG) Fri-Thu
1-3:40-6:55-9:25
Olympus Has Fallen (14A) Fri-Thu
12:50-3:50-7:05-9:45
Oz the Great and Powerful (PG) Fri-
Thu 12:55-3:45-7-9:45
Silver Linings Playbook (14A) Fri-Tue
6:50-9:30

**Western Film
Room 340, UCC Building,
Argo (14A) Fri-Thu 9:50**
The Hobbit: An Unexpected Journey
(PG) Fri-Thu 7



Steve Carrell, Steve Buscemi and Olivia Wilde star in The Incredible Burt Wonderstone. HANDOUT

Scarface (STC) Fri 12
Warm Bodies (PG) Fri-Thu 10

Wellington 8 Cinemas 983 Wellington Rd. S, 519-685-2529

Admission (PG) Fri 6:50-9:30 Sat-Sun
1-3:40-6:50-9:30 Mon-Thu 5:20-8
The Call (14A) Fri 7:15-10 Sat-Sun
1:40-4:15-7:15-10 Mon-Thu 5:45-8:30
The Croods (G) Fri 7:10 Sat-Sun 1:15-
7:10 Mon-Thu 5:40
The Croods 3D (G) Fri 9:40 Sat-Sun
3:50-9:40 Mon-Thu 8:10
G.I. Joe: Retaliation (STC) No Passes
Wed-Thu 7:45
G.I. Joe: Retaliation 3D (STC) No
Passes Thu 5
Identity Thief (14A) Fri 6:30-9:15
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The Incredible Burt Wonderstone (PG)
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Jack the Giant Slayer 3D (PG) Fri 6:40-

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5:10-7:50
Olympus Has Fallen (14A) Fri 7-9:50
Sat-Sun 1:10-4:10-7-9:50 Mon-Thu
5:30-8:20
Oz the Great and Powerful (PG) Fri
9:45 Sat-Sun 12:45-9:45 Mon-Thu 8:15
Oz the Great and Powerful 3D (PG) Fri
6:45 Sat-Sun 3:45-6:45 Mon-Thu 5:15

Cineplex Odeon Westmount & VIP Cinemas 755 Wonderland Road South, 519-474-2796

Admission (PG) Fri 4:50-7:10-9:55
Sat-Sun 2-3:50-7:10-9:55 Mon 7:45 Tue
4:50-7:10-9:55 Wed 7:45 Thu 7:40-9:55
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7:20-9:55 No Passes Sat-Sun 12:05-
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6:55-9:25 No Passes Tue 4:45-7:20-9:55
No Passes Wed 1:20-6:50-9:25 No
Passes Thu 6:50-9:25
Escape From Planet Earth (PG) Fri
4:30 Sat-Sun 12-2:15-4:30 Tue 4:30

G.I. Joe: Retaliation 3D (STC) No
Passes Wed-Thu 7-9:45 No Passes Wed
8:15 No Passes Thu 6:40-10:20
Identity Thief (14A) Fri 4:55-7-9:40
Sat-Sun 1:25-4:10-7-9:55 Mon 7:15-
9:55 Tue 4:55-7-9:40 Wed 1:25-7:15-10
Thu 7:15-10
The Incredible Burt Wonderstone (PG)
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5:15-7:55-10:35 Wed 7:20-9:50 Thu
6:30-10:10 Fri 3:50-7:40-10:15 Sat-Sun
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Mon 7:25-10:10 Tue 3:45-7:40-10:25
Wed-Thu 7:25-10:05
Olympus Has Fallen (14A) Fri 4-7:10-
10:05 Sat-Sun 1:05-3:55-7:10-10:05
Mon 6:40-9:35 Tue 4-7:10-10:05 Wed
1:30-6:40-9:35 Thu 6:40-9:35 Fri 4:20-
6:40-9:25 Sat-Sun 1:30-4:20-6:40-9:25
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Thu 7:10-9:20 Star & Strollers Screen-

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Oz the Great and Powerful 3D (PG)
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7:30-9:45-10:30 Wed 1:15-7:10-10:10
Thu 7:10-10:10
Royal Opera House: Alice's Adventures
in Wonderland (STC) Thu 7:30
Silver Linings Playbook (14A) Fri-Sun
6:50-9:50 Mon 6:50-9:45 Tue 6:50-9:50
Wed 1:10-6:30-9:30 Thu 9:15

SilverCity London 1680 Richmond St, 519-673-4125

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21 and Over (14A) Fri-Sun 7:50-
10:20 Mon 10:20 Tue 7:35-10:20
Admission (PG) Fri 2:50-5:25-8-
10:40 Sat 11:45-2:20-5:25-8-10:40 Sun
12:15-2:50-5:25-8-10:30 Mon-Tue
1:50-4:30-7:25-10:15 Wed 4:30-7:25-
10:15 Thu 1:50-4:30-7:25-10:15 Star
& Strollers Screening Wed 1

Aliens (STC) Mon 7
The Call (14A) Fri-Sat 12:45-
3:05-5:30-7:55-10:30 Sun-Mon
12:45-3:05-5:30-7:55-10:15 Tue
12:45-3:05-5:30-7:55-10:30 Wed-Thu
12:45-3:05-5:30-7:55-10:20
Chitty Chitty Bang Bang (G) Sat 11
The Croods (G) No Passes Fri
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Sat 12:10-2:40-5:10-7:35-10:10 No
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Mon-Thu 12:25-2:50-5:15-7:40-10:10
Escape From Planet Earth (PG) Fri-
Sun 12:35-2:50-5:05 Mon 12:35-2:40-
4:45 Tue-Wed 12:35-2:50-5:05
G.I. Joe: Retaliation — An IMAX 3D
Experience (STC) No Passes Wed
7:15-10 No Passes Thu 1:45-4:30-
7:15-10
G.I. Joe: Retaliation 3D (STC) No
Passes Wed 7:50-10:30 No Passes Thu
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The Host (PG) Thu 9:30
Identity Thief (14A) Fri 2:10-4:55-
7:35-10:40 Sat 4:55-7:35-10:40 Sun
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4:05-7:05-9:50
The Incredible Burt Wonderstone
(PG) Fri-Sat 12:40-3:10-5:40-8:05-
10:35 Sun 12:20-2:45-5:15-7:40-10:05
Mon-Thu 12:30-2:55-5:20-7:45-10:25
Jack the Giant Slayer 3D (PG) Fri
2:15-5-7:45-10:30 Sat 11:30-2:15-
5-7:45-10:30 Sun-Thu 2:15-5-7:45-
10:25
John Dies at the End (STC) Wed 9:30
Life of Pi (PG) Fri-Tue 1:25-4:20-
7:10-10:05 Wed-Thu 12:50-3:30-6:45
The Metropolitan Opera: Maria
Stuarda Encore (STC) Sat 1
Olympus Has Fallen (14A) Fri 1:50-
4:40-7:30-10:25 Sat 2-4:45-7:30-10:25
Sun-Thu 1-3:50-7:15-10
Oz the Great and Powerful (PG) Fri-
Tue 12:30-3:35
Oz the Great and Powerful 3D (PG)
Fri-Sat 7:10-10:15 Sun-Tue 6:55-9:55
Wed-Thu 12:30-3:35-6:55-9:55
Oz the Great and Powerful: An IMAX
3D Experience (PG) Fri-Sat 1:30-
4:35-7:40-10:45 Sun-Tue 1:15-4:20-
7:30-10:30 Wed 1:15-4:20

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Hannibal to take big bite out of Thursday night television

City show. The prequel television show to the Hannibal Lecter movies portrays the serial killer in the most likable way possible

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Monsters and horror have been part of our culture since the dawn of time, through our shared mythologies, faiths and even more terrifyingly, in real life.

Straddling the line between the supernatural and grim reality is the character of Dr. Hannibal Lecter, writer Thomas Harris' malevolent intellectual anti-hero, star of four books and five blockbuster films, essayed first by

On television

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- **Tasty meal.** Hannibal is taking a bite out of Thursday nights.

- **Find it online and television.** You can find it on Rogers on Demand and citytv.com after the show airs. It premieres on City on April 4.

Brian Cox (in *Manhunter*) and later by Oscar winning icon Anthony Hopkins (in *Silence of the Lambs*, *Hannibal* and *Red Dragon*).

Now, *Hannibal*, the television series, the brainchild of beloved writer Bryan Fuller (*Heroes*) and producer Martha DeLaurentiis (widow of the late mogul Dino DeLaurentiis), plays out as a prequel to the events in Harris' *Red Dragon*. FBI profiler Will Graham (Hugh Dancy) is assigned by bureau chief Jack Crawford (Laurence Fishburne) to seek council with the brilliant Dr. Lecter (Danish superstar Mads Mik-

kelsen) a respected psychotherapist. Each week the trio become closer, teaming up to stop a cavalcade of serial killers. Of course, no one knows that Lecter is in fact the most deranged of them all.

"That's the thing we have to be most careful with," Fishburne, whose extensive credits include films like *Just Cause*, *Deep Cover* and *The Matrix* trilogy, told us on set in Toronto.

"I'm not supposed to know. Nobody's supposed to know. The audience knows so it allows them to play along. The tension comes in waiting for me and Will to catch up.

I have no reason to suspect Hannibal ... after all, I hired him."

Mikkelsen's Hannibal is a radically different beast than previous screen incarnations. His cards are hidden, yes, but as personified by the iconic Danish actor, he's leaner, more sensual and more mysterious. A true wolf in sheep's clothing, who uses his refined veneer to worm his way into many lives.

"This is a universe we've created," Mikkelsen says.

"The audience knows he's a killer and you might think, 'C'mon guys, its right there in a three piece suit. He even has the funny accent!' He has Jack Crawford sitting here, at his dining room table and that's his game, all the clues as to who he is are right there. It amuses him. Hopefully there's something interesting and charming in him though and I'm trying to make him likeable, though he is most certainly a monster."



Hannibal will debut on City on April 4. HANDOUT



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A mother's love: a blessing or a curse?

Bates Motel. The TV prequel to Hitchcock's *Psycho* centres around Norma Bates's character as viewers watch her try to protect her son from himself

Vera Farmiga has some advice for Norma Bates, her character in the new series *Bates Motel*: Honesty is always the best policy.

Honesty — or the lack of it — is a key theme in the 10-episode prequel to the classic Hitchcock film *Psycho*. The A&E show, which premiered Monday, reveals just what drove Norman Bates (Freddie Highmore) over the edge. In an interview Monday, the Oscar-nominated actress said Norman and his mother, Norma, are "harbouring a dark secret which will unfold as the series continues." Along with the everyday angst most parents experience, Norma "knows something about him that I think makes her hyper-



Actress Vera Farmiga shares some motherly advice with her character Norma Bates. AMY SUSSMAN/THE ASSOCIATED PRESS

protective," Farmiga said.

Farmiga didn't have a lot to go from to create her char-

acter. In *Psycho*, Norman's mother was a skeletal role. (Although Farmiga did reveal

Mommy dearest

"It's a very typical portrayal of maternity and its function and dysfunction and its victories and defeats. She doesn't always make the right decisions."

Vera Farmiga
Speaking about her character Norma Bates

that in an upcoming episode she dons the same hairstyle as Norman's mother from the original film.)

Farmiga, who has two toddlers of her own, said she studied hers and other maternal relationships around her to help her get into character.

She says in her mind Norma is a mother who is trying to be a good influence.

"Yeah, she's insane as any mother goes insane sometimes," Farmiga said.

"It's a very typical portrayal of maternity and its function and dysfunction and its victories and defeats. She doesn't always make the

right decisions."

Anyone who has seen *Psycho* knows none of this ends well.

While Farmiga acknowledges that the characters are

doomed, she says Bates Motel wants the audience to root for them, "to hope against hope that maybe things turn out differently."

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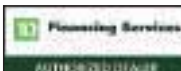


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How Phil Spector Lost that Lovin' Feelin'

HBO movies.

Al Pacino can't remember the first time he met the music producer, but steps into the role of a man who fell from the spotlight

Much to his surprise, Al Pacino learned that once upon a time he met the legendary music producer Phil Spector, whom he now plays in a new HBO film.

He had no memory of it, "but somebody showed me a picture of me and him on the Internet," Pacino laughs. "It was at some event or party, and we're both looking into the camera, two guys who do not want to be photographed. Since he had mostly worked behind the scenes, I didn't know who he was, and he looked like he didn't know who I was."

That was then, whenever that was. Now, spurring after-the-fact speculation, this forgotten encounter serves Pa-



Helen Mirren, left, and Al Pacino star in the HBO film, *Phil Spector*, which premieres Sunday. PHIL CARUSO/THE ASSOCIATED PRESS

cino as a fitting first step into the character he captures for Phil Spector. (It premieres Sunday night)

Written and directed by David Mamet, this penetrating film explores the preparation for Spector's murder defence. As the story begins in 2007, he stands accused of

having forced a pistol into the mouth of a woman — his by-chance date for the night — and pulling the trigger.

The difficulties of the case seem beyond the wherewithal of Spector's original attorney (played by Jeffrey Tambor in a robust supporting performance), who has brought

in hotshot lawyer Linda Kenney Baden (the splendid Helen Mirren). She takes over as lead attorney and, as the film unfolds, joins Spector in a verbal pas de deux that teems with Mamet's shrewd dialogue.

"Why do you have so many guns?" she inquires on

her first visit to his sprawling castle home near Los Angeles, where the shooting took place. "I might need one," he replies.

"Why would you need more than one?"

"How many shoes do you have?" he poses. "How many feet?"

Photo shy

"It was at some event or party, and we're both looking into the camera, two guys who do not want to be photographed. Since he had mostly worked behind the scenes, I didn't know who he was."

Al Pacino
Talking about the time he met Phil Spector

Spector is gnomish, unstable and grandiose. "Extraordinary accomplishments," he says, meaning his own, "transform the grateful into an audience — and the envious into a mob."

So he's a problem for his lawyers. He says he didn't kill the girl, but who's going to believe him? His lawyers know that, in the mind of the modern-day public, he is not the music wizard who created the girl-group sound in the early 1960s, co-wrote 'You've Lost That Lovin' Feelin'' for the Righteous Brothers and produced records for the Ramones and the Beatles. Instead, by 2007, he's generally regarded as a creepy, homicidal has-been who hides out with his dozens of guns and his dozens of outlandish wigs — a pint-sized wacko too big for his britches.

But there are a few inarguable truths about Spector. One is that in 2009, he was convicted of second-degree murder and, at age 68, sentenced to 19 years to life.

Another is that, for record buyers of a certain age, his music reigned as the soundtrack for youthful seduction.

The HBO film acts as an interesting contrast of a man who left the limelight.

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British songwriter changes course

Tooth & Nail. Mother's death forces Billy Bragg to re-evaluate his music career

This year marks the 30th anniversary of Billy Bragg's spare, politically charged debut EP *Life's a Riot with Spy Vs Spy*. But the adaptable British singer/songwriter says he's still trying to figure out his place in this peculiar industry.

Two years ago, the death of Bragg's mother gave him particular reason to pause and re-evaluate his music career. He returned after a five-year absence from recording Tuesday with *Tooth & Nail*, his first album since 2008's *Mr. Love & Justice*.

The gently melodic, emotionally tender set has been hailed as a return to form for the 55-year-old in such publications as the *Guardian* and *Mojo*.

In an interview with *The Canadian Press*, Bragg admits he'll be closely watching the reaction to the release.

How did your mother's death set you on a path that led to *Tooth & Nail*?

Well, my mum passed in early 2011, and I think when something like that happens, you can't fail but look around. All of a sudden there's a generational shift and I'm the oldest person in the family now. It makes you think to yourself: "Why are you doing this? Is what I'm doing worthwhile? Or am I just drifting?"

So I started looking at a practical way of discovering whether there is room in the recording industry in 2013 for Billy Bragg. Or whether what I've been doing for the past five years — which is working at a cottage-industry level, putting out CDs and selling them like

T-shirts (at shows) — maybe that's my niche now.

So the release of the



This year marks the 30th anniversary of Billy Bragg's spare, politically charged debut EP *Life's a Riot with Spy Vs Spy*. VEGARD GROTTE/THE ASSOCIATED PRESS FILE

album is the culmination of that quest — he says, sounding like Frodo Baggins.

Was your mother supportive of your music?

There's a fabulous bit in the

(making-of) documentary about (the 1998 album) *Mermaid Avenue*, where I was sitting on the sofa with her and the director says, "Do you like Billy's records?" And she sort of looks away, and says, "Well,

you know, the school did lead us to expect more" (laughs).

She wasn't dismissive of it, but I don't think she wanted me getting on my high horse just because I had been in the newspapers and on the telly. She did choose one of my songs for her own funeral service. So obviously she did like my music after all.

***Tooth & Nail* is more about love than politics. Why?**

The majority of the songs on the record are based in relationships, but that's also partly the nature of the way we hear music now. Now if I write a topical song, I get it uploaded as soon as I can for free download. It's almost like a newscast. As a result of that, when I come to make an album, I find that the predominant songs in my woodshed are songs about deeper things, about emotions. And I don't think that's a bad thing because I would hate for everything to be about politics. I've played with bands like that

and they can be a bit hard-going.

When you started this project you wanted to figure out where you stood. Do you have clarity now?

I definitely have a sense of direction again, but what I'm interested to do now is to find out where I fit in the recording industry, because I know where I am in the music industry — people love coming to see me play.

(But) the industry's changing much faster than I can put out records. So when you've worked out where your niche is, the next time you look, the niche isn't even there anymore. I'm not complaining about this, by the way. I'm just being honest.

Rather than being complacent ... we do have to step back and look at it, and try to perhaps tailor what we're doing a little more to where the medium is now.

THE CANADIAN PRESS

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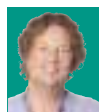
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3 Songs for the weekend

Call it retro revenge. Each of these bands may be more than 30 years old but they're not dead yet.



SOUND CHECK
Alan Cross
scene@metronews.ca



Soothe My Soul/Depeche Mode

The studio version of this new single from the upcoming *Delta Machine* album was streaming online — and then it wasn't.

Metroland/OMD

The classic line-up has a record called *English Electric* coming April 8. This sounds like it could be in any mid-80s John Hughes movie.



Sit Down/James

A new video of their classic created especially for Comic Relief's Red Nose Night charity. Proof that a brilliant song is brilliant, no matter how old it is.

Mad Men star Jon Hamm is 'a big fan' of JT's suit and tie

Mad Men star Jon Hamm is going mad over Justin Timberlake's suit and tie — the song and the singer's style.

"I'm a big fan of Justin Timberlake," Hamm said in a recent interview. "I think he's a trendsetter, as they say. But he's always been kind of a natty dresser."

The 42-year-old actor, who says he has an "appreciation for fashion," returns as womanizing ad man Don Draper when season six premieres April 7 on AMC.

Seeing Mad Men style infiltrate pop culture — from Taylor Swift's mod minidress on the March cover of *Elle* magazine to Timberlake's ode to old Hollywood glamour with his latest hit, *Suit & Tie*, is the ultimate compliment for Hamm.

"It's nice that our show has had that sort of serendipitous resonance with fashion," he



Jon Hamm
GETTY IMAGES

said. "I think it's great. I think it's really cool."

As for Timberlake, Hamm believes the pop star is "a very fashion-forward kind of guy," although the Grammy winner is guilty of at least one "fashion don't."

"That one unfortunate picture of him in that denim tuxedo excused," Hamm said with

a smile, referring to Timberlake's all-denim ensemble at the 2001 American Music Awards. THE ASSOCIATED PRESS





Kristen Stewart and Robert Pattinson. ALL PHOTOS GETTY IMAGES

It's still on: Pattinson reunites with Stewart after filming in Australia

Kristen Stewart and Robert Pattinson are reunited after his latest stint filming in Australia, and the couple reportedly celebrated by hitting up their favourite local dive bar, L.A.'s Ye Rustic Inn, according to E! News. "They seemed really happy to be with each other. Rob and Kristen were having so much fun together," a

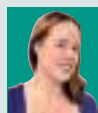
source says. "They sat in the back of the bar in a booth and were laughing. At one point, they were standing at the bar and were just being normal, as any boyfriend and girlfriend would be with each other. They were touchy-feely. She was holding on to his jacket and had her hand on his back. They were just being cute."

METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

The Word

Is Feldman moonlighting as a sperm donor?



THE WORD
Dorothy Robinson
scene@metronews.ca

Earlier this week, I wrote about the Jackson family's wrongful death lawsuit against AEG Live for \$40 billion and how the entertainment giant wants to get the paternity of Jackson's children entered into court proceedings.

The Jackson family are fighting this, calling into question who actually is the



father of Blanket, Paris and Prince Jackson.

And upon further reflection (and Googling), I am pretty confident that the father of Prince Jackson is none other than Corey Feldman. These pictures don't lie, friends. Can someone call Maury Povich?



John John Florence

Watch out, John John ... Taylor Swift has her eye on you

Taylor Swift has reportedly set her sights on 20-year-old pro surfer John John Florence, according to Life & Style, though their budding relationship is still mostly on a telecommunications level. "He and Taylor have been

text messaging," a source says. "Apparently she contacted him. I don't think they have hung out yet. They've just been chatting. John John doesn't want to ruin things, so he's being careful not to say too much."

EPIC

VARIETY

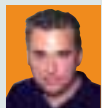
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Depending on where you are in this great country, the weather may look more like a winter wonderland than spring. Somebody forgot to tell Mother Nature that we had a change of season this week.

While I hate pigeon-holing certain wines to particular seasons, fresh, floral whites really do come across like spring in a glass. It doesn't hurt that they pair well with the bright, fresh food fare that tends to get served this time of year.

Wines made with the riesling, gewürztraminer and viognier grapes lead the charge when it comes to whites with plush fruit flavours and aromatics.

Viognier in particular is one of my favourites. Originating in France, it's grown worldwide, always packing its classic tropical depth and subtle peppiness that pair so well with lighter meats (like pork) and fruit-accented sauces (especially those with a citrus influence).

Cono Sur's 2011 Bicicleta Viognier (\$9.95 - \$11.99) from Chile is a budget friendly version with soft lime and lemon accents and just a wink to the grape's spicy persona. **PRICES REFLECT THE RANGE ACROSS THE COUNTRY. SOME PRODUCTS MAY NOT BE AVAILABLE IN ALL PROVINCES.**



A fine balance of cherries and coffee

Cherry-Topped Coffee-Roasted Pork Tenderloin. This combination of fresh flavours is ideal to serve during spring

Coffee is becoming a favourite ingredient when roasting meat.

It's an effortless way to add gobs of flavour to your meal. All you do is add whole coffee beans to whatever spice blend you are using as a wet or dry rub, then grind it to a powder and apply to the meat. The coffee provides deep, rich flavours with a hint of acid.

The seasonings can be applied to the meat right before roasting. But if you have time, the flavour is even better if you rub the spices on the meat, then refrigerate it for several hours.

If you're looking for a simple and speedy dinner, make the roasted pork tenderloin in this recipe and serve it as is with a side salad. For something party-worthy, slice it, slap



This recipe makes 36 appetizers. MATTHEW MEAD/ THE ASSOCIATED PRESS

Ingredients

- 1 tbsp coffee beans
- 1 tsp garlic powder
- 1 tsp fennel seeds
- 1 tsp smoked paprika
- 1 tsp whole peppercorns
- 1 tsp kosher salt
- 3 lbs pork tenderloins
- 1 baguette, thinly sliced into 36 rounds
- Olive oil
- 10-oz jar cherry jam

it on rounds of baguette, then top with a dollop of cherry jam.

1. Heat the oven to 400 F. Line a rimmed baking sheet with foil and coat with cooking spray.

2. In a spice grinder, combine the coffee beans, garlic powder, fennel seeds, paprika, peppercorns and salt. Grind until

the beans and seeds are finely ground. Rub the spice-coffee blend evenly and liberally over the tenderloins. Set the tenderloins on the prepared baking sheet, then roast for 20 minutes, or until they reach 145 F at the centre. Remove from the oven and let rest for 5 minutes.

3. Meanwhile, brush the ba-

guette slices with olive oil, then arrange on a baking sheet and toast for 2 minutes, or until just barely browned.

4. When the pork is ready, cut it into thin slices. To serve, place one slice of pork on each piece of baguette, then top with a small dollop of jam.

THE ASSOCIATED PRESS

Just a hint of sweetness

These delicious and simple Orange-Cranberry Lamb Chops get a sweet makeover with the simple addition of cranberries, orange juice and a touch of Dijon mustard.

Ingredients

- 125 ml (1/2 cup) sugar
- 250 ml (1 cup) cranberries
- 50 ml (1/4 cup) orange juice
- 5 ml (1 tsp) grated orange rind
- 5 ml (1 tsp) Dijon mustard
- Pinch of allspice
- 6 frenched lamb chops or 4 loin chops, 2.5 cm (1 in) thick

1. Preheat oven broiler.

2. In saucepan over medium heat, combine sugar, cranberries, orange juice, rind, Dijon mustard and allspice. Cook until mix boils and cranber-

ries pop (12 minutes). Set aside.

3. In a preheated broiler, 10 cm (4 in) from heat, broil lamb chops on one side for 6 minutes. Turn chops and broil 4 minutes longer. Spoon about 20 ml (one generous teaspoonful) of sauce over each chop. Broil for 1 minute longer. Serve extra sauce on the side, along with parsley potatoes and vegetables julienne. **THE CANADIAN PRESS/ LAM-BRECIPES.CA (ONTARIO SHEEP MARKETING AGENCY)**

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MIX OF SIX
Julian Uzielli
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Up-and-coming country star

Singer Genevieve Fisher is playing an album release concert Friday at Aeolian Hall (795 Dundas St.). The 20-year-old got off to an early start, travelling to Nashville to record her first album in 2010, and tonight's show celebrates the release of her second album, *Bad Enough*. The Western student has been nominated for four Country Music Association of Ontario music awards. Doors open at 7 p.m.; \$18 at the door/\$15 in advance (\$12 for students). Call 519-672-7950.



Bride to Bride

Attention brides-to-be: If you have plans this Saturday, you might want to reschedule. Between 9 a.m. and 5 p.m., the Duchess of Kent Banquet Hall (499 Hill St.) will play host to a bridal bonanza. The *Bride to Bride* sale invites women to sell their previously loved wedding gowns and decorations. The event will also feature more than 60 wedding-related vendors from photographers to cake decorators along with some high-value door prizes, including a photography session valued at \$1,200. Admission is \$5, which includes parking.



Matt Mays at the Music Hall

Nova Scotia native Matt Mays is dropping by the London Music Hall (178 Dundas St.) Saturday with opener July Talk to support his latest album, *Coyote*, released in October. *Coyote*, which includes the hit single *Take It On Faith*, was named Album of the Year by the East Coast Music Association earlier this month in Halifax. The folk-rock singer is also a four-time Juno nominee. Doors open at 8 p.m.; tickets are \$23.50 at ticketmaster.ca.



Get on the CMT Hitlist

The Country Music Television hitlist tour is stopping at Centennial Hall (550 Wellington St.) on Sunday, headlined by Alberta band Emerson Drive. The five-piece country group was just nominated for a Juno for Country Album of the Year for their fifth studio album, *Roll*, released in October. The tour has Emerson Drive touring with Doc Walker for the first time, and also includes special guest Aaron Pritchett. Doors open at 7:30 p.m. and tickets are \$39.75 at centennialhall.london.ca.



Londoners, come on down!

Londoners will get the chance to take part in TV's longest-running game show on Saturday. *The Price is Right Live* stage show brings the whole experience to Budweiser Gardens. For the chance to be a contestant, register at the box office at least three hours before show time. Two shows are scheduled for 4 p.m. and 7:30 p.m. Tickets start at \$26.75 at budweisergardens.com.



A Matinée at night

Vancouver indie rockers The Matinée are stopping Monday at Call The Office (216 York St.) on their cross-Canada tour. The Vancouver group, self-described as "one part roots, one part rock, one part whiskey, and one part party," is receiving glowing reviews on their recently released debut album, *We Swore We'd See The Sunrise*. You can listen for yourself at thematinee music.com, where they're streaming the album for free. The show, featuring headliners Electric Six, is 19+ and starts at 9 p.m. Tickets are \$15 at the door.

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Photos: Western Fair District

SEE HOT WHEELS AT THE SHOW

Whether you're a hardcore gearhead or your taste in cars runs more towards the aesthetics, the Speed and Custom Car Show, to be held March 22 to 24 at the Western Fair District, has something for everyone – and all ages.

"Historically, and even today, the show appeals to those who are part of the car culture and all car enthusiasts – they may have their own vehicle that they work on or they're just fans of the scene," explained show manager Andrew Kitt. "Even if you're not into cars at all, everyone can appreciate a work of art when they see it. It's what makes the car what it is. The body and what you can do with it.

"And there are many of us out there."

In its 55th iteration, Kitt expects to see

another packed house. Every year, the Western Fair District is flooded by fans and part of its appeal is that the show is so broad in its offering.

"It's the biggest show in southwestern Ontario and we have one of the most all-encompassing shows," Kitt said. "We have everything from rat racing – piecing together these gnarly hot rods to cars that look like they did when they came off the line 50 years ago – to more classic styles.

"It really shows the collaboration of the southwestern Ontario car community."

It's a community that is extremely supportive of each other, whether you're a classic car aficionado or more into the modern tuner scene.

"The one thing about the car community is that it's all appreciated," he said.

"These guys know how much work goes into each of these vehicles and they appreciate the time, effort, and ability that goes into them."

Because celebrating cars is a family affair, the show has gone to great lengths to ensure that everyone in the family will have a great time, Kitt explained.

"There's tons of stuff for kids to do: there's a model car, glue and paint job competition; there's smashing a car for charity; and we have a new race simulator," Kitt said. "It's like you're in a stock car and you get to race head to head against someone else. The car shakes and moves.

"Food and drink is available. We'll

have a couple of rockabilly bands performing. And because I know the guys at the show like – the whole show floor is licensed."

- Jason Menard

SPEED AND CUSTOM CAR SHOW

Information and advance tickets available at westernfairdistrict.com
Tickets: \$12/person (\$10 advance);
10 and under free

Show hours:

March 22: 4 p.m. to 10 p.m.

March 23: 10 a.m. to 10 p.m.

March 24: 10 a.m. to 4 p.m.





PARTICIPATE IN THE RACES

From dragsters to tuners; from classic to modded vehicles, the Speed and Custom Car show has always offered vehicles in all shapes -- but the arrival of Loose Nutz RC this year ensures that all sizes as well.

"We're going to bring a full display and let people try our vehicles, under supervision," said Tim Lo, main co-owner of Loose Nutz RC. "People get involved with this for the fun of it -- it's like street racing without getting in trouble."

And Lo said there's no question that radio-controlled vehicles have a place on the showroom floor. "It's a vehicle no matter what," he said. "In scale, there's just as much detail as on a full-scale car."

Loose Nutz (loosenutzrc.com) is making its first appearance at the show, having been in business for just over a year. The facility offers in-house racing and supports an avid community of radio-controlled vehicle aficionados. Within a matter of weeks, there will be rental

vehicles available for people who want to try before they buy. And Lo is hoping they'll get a taste of the excitement at the auto show.

"We're encouraging people to come out, hang out with us, and talk to the drivers," he said. "It's a very close community and people are more than willing to help each other out."

Radio controlled vehicles also offer an outlet for members of the vehicle community during the off-season. "A lot of motocross people get into this type of hobby," Lo said, adding that he is a professional racer in the summer himself.

Loose Nutz RC runs two races a week, on Thursdays and Sundays, where anyone is allowed to participate after paying a pre-race registration fee. And it's a hobby that knows no age boundaries.

"It really is for all ages," Ho explained. "We have a kid that's three-years old at the club and he's so good that he could be a professional RC driver."

- Jason Menard



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VINTAGE RACE CARS ON DISPLAY



For some people, when it comes to drag racing, everything old is new again.

And really, really fast.

The Ontario Nostalgia Drag Racers will roll four vehicles into the Speed & Custom Car Show, to be held at the Western Fair District from March 22 to 24, 2012. But unlike other cars, these ones won't be coming in under their own (overwhelming) power.

"These aren't like the cars you see at events we call 'show and shine,' or cruise nights," explained Bob Beausoleil, one of the ONDR's directors. "Our vehicles get invited there, but most of our cars have to be tractored to the events. They're not exactly street legal in that they're high-powered, high-compression vehicles that use high-octane fuel.

"For example, my own car goes for zero to 110 km/h in 1.5 seconds – that's not exactly safe for the streets."

The organization will be bringing four vehicles to the show: a 1974 Vega funny car; a 1970 Chevelle featuring a big block Chevrolet engine, a late 1960s/early 1970s model Nova Yenko, and a 1953 Chevrolet pickup truck. These four vehicles offer a solid representation of the club's membership and interest.

"All of the cars are 1974 and older,"

explained Beausoleil. "They're old muscle cars, gassers, altered, and dragsters.

"We're bringing old historic cars up to today's standards."

The ONDR is comprised of over 400 members from coast-to-coast across Canada, along with some representation in the U.S. "You don't need to have a car to be a member," Beausoleil said. "All you need is a love for these cars."

The organization runs races throughout the summer in three different classes: street legal (restoration vehicles); nostalgia gas (which travel at a certain speed, using a foot brake), and competition class. Participants are slotted into speed classes where they can be competitive..

"Some [drivers] are very competitive and some are in it for fun and camaraderie," he said. "The number-one rule that we have is fun.

"If you're going to be so competitive and you want to take the fun out of it, then we'll ask you to find another place to compete."

Participants range in age from 10 to 60, Beausoleil explained, and the organization will be providing information about upcoming races and selling memberships. For more information, please visit ondr.ca.

- Jason Menard



Photos: Supplied



MEET DRAG RACING DRIVERS

The races themselves may take less than six seconds, but the return of funny car drag racing has been a few years in the making. Auto racing fans will get a chance to get up close and personal with some of the industry's fastest dragsters – and drag racers – at the upcoming Speed and Custom Car Show.

"The community is huge here in southwestern Ontario," explained Dale Boeru, president and director of the National Drag Racing Association, which is why the organization brought back an old favourite. "[The International Hot Rod Association] dropped the funny car division in 2008; we decided to bring it back last year.

"This is our second year and we've had a great response from the fans. These cars put on a great show for the fans –

there's nothing like it, finishing the race in 5.6 or 5.7 seconds at over 250 miles per hour."

The NDRA will be bringing four vehicles to the show, including an appearance by Dylan Hache – a multiple record holder (who was featured on Canada's Greatest Know-It-All in January). Fans will be able to see these impressive machines up close, get autographs from the drivers, and talk to people in the industry.

"It's pretty much up to the driver what people will be allowed to do – there's a lot of money in these cars and they're pretty expensive," Boeru said. "At the very least fans will be able to look the car over."

The season opens in May and the NHRA caters to the local community. "We're a local series with participants

from Ontario, New York State, and the Michigan areas," Boeru added. "We've been working on the funny car series since 2011. Finding the guys took a lot of work, because many of them put their cars away when the IHRA series stopped. It's an expensive venture."

And Boeru knows that once fans experience the thrill of drag racing, they'll

be hooked – and participation at events like this is a great way to introduce potential fans to the NDRA.

"It's a great way for people to get out and see these amazing vehicles and meet these incredible drivers," he said. "And when they see the cars in action, the 'wow' factor is there."

- Jason Menard

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SUNSTANG HARNESSES SOLAR POWER

En route to traversing Australia, a trio of Western students will make a pit stop at the Western Fair's Speed and Custom Car Show with the iconic solar-powered Sunstang in tow.

"We'll be bringing the progress we have made on the 2013 model, as well as the 1996 and 2005 editions of the solar car," explained Ryan Lutz, a third-year business student and part of the current Sunstang team.

The vehicle, when completed, will participate in the October's World Solar Challenge, a 3,000-kilometre race that crosses the entirety of Australia from north to south – Darwin to Adelaide. They will then participate in the 2014 American Solar Challenge.

"Really it's just about recognition," Lutz said. "The idea is to beat other universities and contribute what you can to the automotive community."

"At this point, our goal is to finish. Right now we're developing a car that will be competitive, but just finishing the race is an accomplishment in itself."

The innovations that power today's solar-powered test vehicles may find their way into your family vehicle of the future, added Michael Letwin, a third-year computer engineering student.

"It's about raising awareness of going green, but what people don't realize is that some of the innovations in these vehicles will affect future product lines," he said, explaining that Tesla and Fisker Karma vehicles have incorporated solar technologies in their existing product lines.

Participation in the Sunstang program is strictly voluntary and does not count for course credit. However, the students all said the practical experience offers an incredible opportunity to put their education into practice. That investment in their futures comes with a significant investment in time.

"We have regularly scheduled meetings, Mondays and Thursdays about four hours each," explained Daniel Woodside, a second-year mechanical engineering student. "Now we're into the construction phase which is about four to five hours every night. We're hoping to have it completed by the end of June/early July. And Delaware Speedway has donated its facility for us to test."

The 1996 Sunstang finished 12th overall in the world competition and second in the North American race. Every iteration of the Sunstang has finished its race and the students said they've been benefitting from their predecessors' experience.



Photos: Supplied



"We've actually received tons of support from Western alumni – and not just from the 2007, 2005, and 1996 teams,"

Woodside said. "We've received support from alumni who graduated 12 years ago who want to support us."

- Jason Menard

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Curling

Canada's Homan locks up spot in Page playoffs

A mediocre start nearly derailed Rachel Homan's rink at the world women's curling championship.

The Canadian team stuck together early on as they battled nerves, a tough field and some challenging conditions at the Volvo Sports Center. The result is a solid third-place finish in the round-robin standings and a four-game winning streak heading into the Page playoff 3-4 matchup.

Homan beat China's Bingyu Wang 7-4 in the morning Thursday and locked up the third seed with an 8-4 win over Japan's Satsuki Fujisawa in the afternoon.

Canada's next game is Saturday afternoon.

THE CANADIAN PRESS

Golf

Woods behind early at Bay Hill

Justin Rose started out as another guy in Tiger Woods' group Thursday at Bay Hill. He wound up in the lead.

Rose put on a clinic with the putter and ran off four straight birdies late in his round for a 7-under 65, giving him a two-shot lead after the opening round of the Arnold Palmer Invitational.

Woods didn't hit it as well as in his recent win at Doral, but he scratched out a 69; a reasonable start as he tries to win Bay Hill for the eighth time and return to No. 1 in the world. THE ASSOCIATED PRESS



Kamloops, B.C.-native Kelly Olynyk of the Gonzaga Bulldogs pushes past Javan Mitchell of the Southern University Jaguars in the second half of a second-round game of the 2013 NCAA Men's Basketball Tournament in Salt Lake City, Utah. Gonzaga won 64-58. HARRY HOW/GETTY IMAGES

Canadian Olynyk leads Zags to win

March Madness. Gonzaga struggles early, but pulls out win in final minutes

Still don't think Gonzaga deserved that No. 1 seed? There might be a few more doubters now.

Entering the NCAA tournament top-seeded and top-ranked for the first time in program history, the Zags nearly made another kind of history Thursday — coming only a few minutes and a rimmed-out shot or two from

becoming the first 1 to lose to a 16.

Gonzaga prevailed 64-58 over Southern University in a game that wasn't safely in hand until the final buzzer sounded. No. 1 seeds improved to 113-0 since the field was expanded to 64 teams in 1985.

Kelly Olynyk of Kamloops, B.C., led the Zags (32-2) with 21 points, though it was a pair of three-pointers — one by Gary Bell Jr., the next by Kevin Pagnos — that gave Gonzaga its small cushion after Southern (23-10) tied things 56-56 with 3:45 left.

Bell's three made it 59-

56 after Derick Beltran hit a 14-footer on the baseline to close out a 15-4 Southern run and tie the game.

Beltran hit two free throws to cut the deficit to one, but Gonzaga responded by working the ball to Pagnos, of Newmarket, Ont., whose three made it a four-point game.

Pagnos (16 points) made two free throws with 14.3 seconds left to seal the deal. But when Zags coach Mark Few shook hands with his counterpart, Roman Banks, at midcourt, it was hard to tell who won; Banks looked like he was doing the consoling.

THE ASSOCIATED PRESS

Canadian talent

7-foot centre falls short

Saint Louis had no problem manoeuvring around seven-foot-five Toronto freshman Sim Bhullar and New Mexico State. Dwayne Evans shot 11 of 16 from the floor to propel Saint Louis around, over and even through the 355-pound Bhullar, who struggled to keep pace. Saint Louis won 64-44 to advance.

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NHL

Leafs' Lupul gets two-game ban

The NHL suspended Toronto Maple Leafs forward Joffrey Lupul for two games Thursday following his hit to the head of Tampa Bay defenceman Victor Hedman.

The incident occurred 45 seconds into the third period of Toronto's 4-2 win on Wednesday night. Lupul received a two-minute minor penalty for an illegal check when he hit Hedman in the head after the defenceman passed the puck.

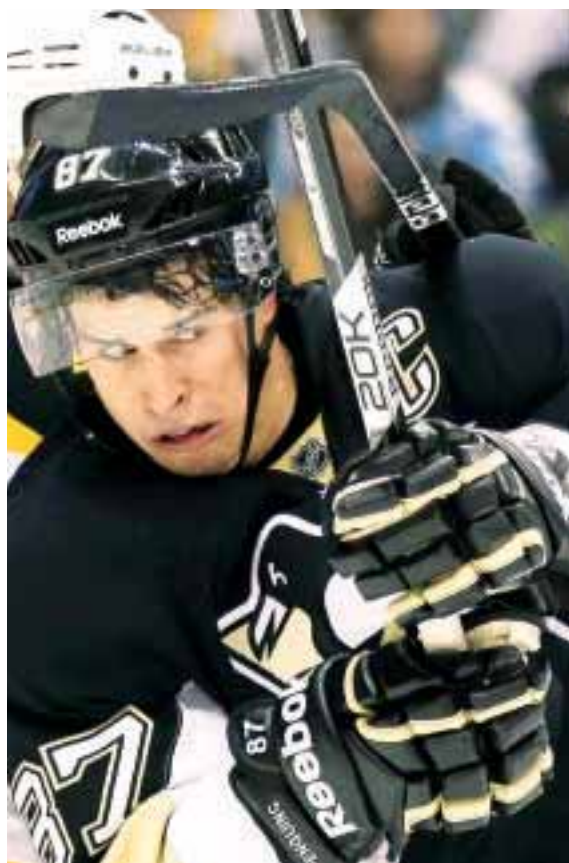
It was just Lupul's second game back after missing 25 contests with a broken arm.

THE CANADIAN PRESS



Toronto forward Joffrey Lupul will be docked \$45,945 US in wages for his hit on Tampa Bay defenceman Victor Hedman.

FRANK GUNN/THE CANADIAN PRESS



Pittsburgh Penguins captain Sidney Crosby says rule changes in the NHL have changed the way the game is played. GENE J. PUSKA/THE ASSOCIATED PRESS

Shift to safety has changed the NHL

For better or worse?

Sidney Crosby says rule changes have altered style of play

The fear is gone. The doubt too for that matter. Ditto the hesitation.

A year into his comeback from the concussion-like symptoms that nearly derailed Sidney Crosby's career, the Pittsburgh Penguins superstar is back atop the NHL scoring race thanks to his unparalleled mix of artistry, speed and grit.

Perhaps because Crosby doesn't have to worry about getting knocked around so much anymore.

Thanks to a series of rule changes made by the league and a shift in attitude by the guys wearing the sweaters, players say the NHL is as safe now as it's perhaps ever been.

In the two-plus years since

Crosby sustained a concussion following a blindside hit from Washington's David Steckel in the 2011 Winter Classic, the league has outlawed shots to the head entirely and given senior vice-president of player safety Brendan Shanahan great leeway in handing out punishment for dangerous plays.

"I know it's changed from my first couple years, that's for sure," Crosby said. "The game is much tighter."

Teams are averaging 3.6 power-play opportunities a game this season, down from 5.8 per game during Crosby's rookie year in 2005-06.

Part of the decline can be attributed to the decreasing amount of open ice. After offences flourished following the 2004-05 lockout, the pendulum has swung back to more conservative, defensive-minded schemes. The result is more clutching and grabbing, sure, but also a decision by players to avoid the kind of unneces-

sary penalties that can tilt games.

It doesn't always lead to thrilling hockey, but it can lead to smarter, safer play.

THE ASSOCIATED PRESS

Quiet on concussions

Getting hard data on head injuries in the NHL is difficult since many teams remain vague about the nature of injuries.

- **Body Language.** Most injury reports never say more than "upper body" or "lower body" injury
- **Gag order?** The Penguins grew reticent after reigning NHL MVP Evgeni Malkin was injured in last month's game against the Panthers, taking two days to report he had suffered a concussion

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Spring training. Bautista back in the swing of things as Blue Jays beat Rays

With every ball that Jose Bautista launches far over the wall, the Toronto Blue Jays are more certain he's back to form.

Bautista hit his fifth home run of the spring, a long solo shot that helped the Blue Jays beat the Tampa Bay Rays 3-1 Thursday.

Bautista, a two-time home run champion, had season-ending surgery on his left wrist last Sept. 4. He finished the year with



Jose Bautista
HANDOUT

27 homers and 65 RBIs while batting .241.

His drive to deep left-centre field was a n o t h e r reassuring sign for his

team.

"He's healthy. We've felt good about him the last three weeks," Toronto

manager John Gibbons said. "He's gotten past that and shown no signs of anything being wrong."

Eugenio Velez also homered for Toronto. The Rays' only run came in the sixth inning on an infield single from James Loney.

Four Blue Jays pitchers, led by starter Claudio Vargas, combined to allow only six hits and struck out nine.

THE ASSOCIATED PRESS

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Horoscopes

Aries

March 21 - April 20

You may not think of yourself as a peacemaker but you will certainly be the one who calms things down today. Maybe it's because you believe in justice, but you will do your utmost to negotiate a truce.

Taurus

April 21 - May 21

If you are convinced that what you are doing is right then what others think or say about it is irrelevant. Since when have you been the type to ask other people for permission?

Gemini

May 22 - June 21

No one lives in isolation and what takes place over the next few hours will confirm that in a rather nice way. Just when you thought you were struggling all on your own, you discover you have genuine friends.

Cancer

June 22 - July 23

Someone in authority will look favourably on you today and you must take advantage of it. If you can, work your way into a position where you can showcase your many talents. That "someone in authority" could soon be you.

Leo

July 24 - Aug. 23

Everything looks right with your world at the moment and with Venus moving in your favour today, whatever you do will work out just fine. That is if you can be bothered to make an effort.

Virgo

Aug. 24 - Sept. 23

Because you have been proved right, you may find it hard to be modest today but try not to be too self-congratulatory. If you boast too loudly, someone may try to burst your bubble.

Libra

Sept. 24 - Oct. 23

If you maintain a positive attitude over the next 24 hours, there is a real chance that at least one of your fantasies will become a reality. Let's hope your heart is in good condition. The shock could be too much!

Scorpio

Oct. 24 - Nov. 22

Some of your friends may not have been supportive of late but that does not mean they are turning against you. On the contrary, they are still very much on your side, it's just that they've been too busy to help.

Sagittarius

Nov. 23 - Dec. 21

With Venus joining the Sun in your fellow Fire sign of Aries today, you are flavour of the month. In your life and at work be the best you can be, and the world will love you for it.

Capricorn

Dec. 22 - Jan. 20

Don't be afraid to tell others what you think today, but wrap it up in a thick layer of sugar coating. They will appreciate that you avoided hurting their feelings.

Aquarius

Jan. 21 - Feb. 19

According to the planets, you are reluctant to get too involved in a situation that you fear could be emotionally traumatic. You are right to keep your distance but don't cut yourself off altogether. Be available if a crisis occurs.

Pisces

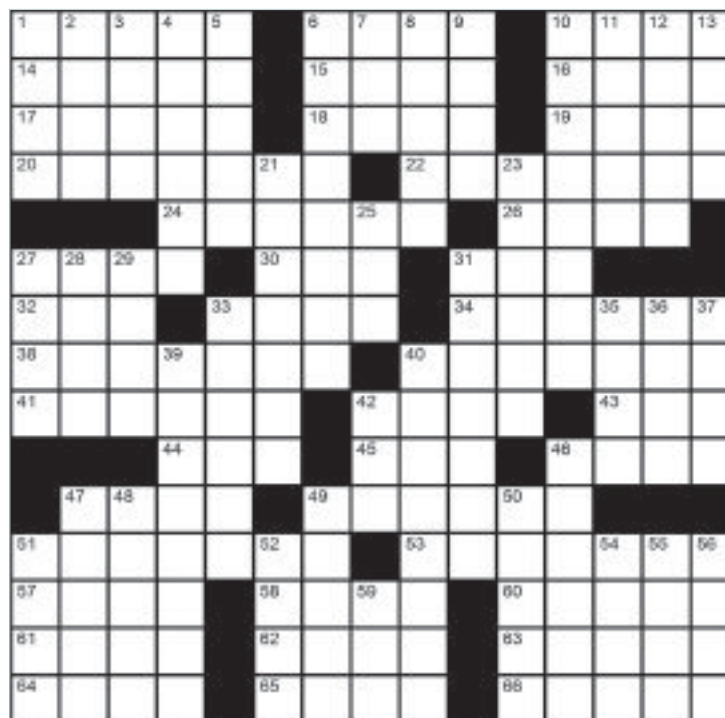
Feb. 20 - March 20

Venus, planet of emotional and material values, leaves your birth sign today, but that is not a cause for despair. In fact, it could have very good results financially. Replenish your bank account. **SALLY BROMPTON**

Crossword: Canada Across and Down

Across

1. Straighten
6. ___ of St. Lawrence
10. Berth
14. Inner circle
15. Bob Dylan's "The Times They ___ - Changin'"
16. Proactiv target
17. Sag
18. Safari sound!
19. 'Twilight' movies actress Nikki
20. Bow River city
22. Hedley singer, Jacob ___
24. With pleasure
26. Grandmothers, to some
27. Small horse
30. Icky-___ (Yucky)
31. Distant
32. Philippines volcano, Mount ___
33. Hearty meal
34. Antarctica volcano, Mount ___
38. Pamela Wallin or Mike Duffy
40. "The ___ Falcon" (1941)
41. Sports star, often
42. Taverns
43. Can
44. Home base, for short
45. London, ___
46. Music duo, ___ Punk
47. Casually trendy student, nicknamed
49. Kevin of CBC's "Dragons' Den"
51. Canadian classic show, "Mr. ___"
53. Toronto-born singer/



57. Brewer's kiln
58. Book genre, for short
60. Singer, Frankie ___
61. Comical dog
62. "Take a Chance ___" by ABBA: 2 wds.
63. Be a ham on stage
64. Horse's hair
65. Burn slightly in cook-

- ing
66. "It's ___ Never" by Elvis Presley

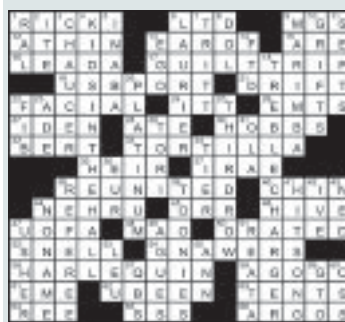
Down

1. "Back in Black" rockers
2. "___ Croft: Tomb Raider" (2001)
3. "American ___"
4. Dazed

5. Mountainous land
6. Canada's Ambassador to the United States: 2 wds.
7. Prefix that means 'Tail'
8. Band from Lakefield, Ontario
9. Gambling card game
10. Justin Trudeau's mom
11. Arctic, for one

12. Niners - Eighters = ___
13. Mr. Foxx of '70s TV
21. Toronto's basketball team
23. "Crazy" by ___ Barkley
25. Down
27. Go through
28. International oil gr.
29. Faux pas
31. "A Good Heart" by ___ Sharkey
33. Prepares tea
35. Test version, as per software
36. '60s song: "Catch ___ You Can"
37. E-Mailed
39. One getting the handcuffs
40. Nelly Furtado song
42. "The Fresh Prince of ___-Air"
46. Go-getter
47. "The Devil Wears ___" (2006)
48. Pine tree stuff
49. Offer one's point of view
50. Character in Haida mythology
51. Gloom's partner
52. ET-piloted crafts
54. Sugar substitute, Sweet' ___
55. Opera voice
56. Yesterday: French
59. Nashville music trophy, for short

Yesterday's Crossword



Sudoku

How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

Yesterday's Sudoku

1	9	5	6	4	8	3	7	2
6	4	3	2	7	1	5	9	8
7	8	2	5	9	3	6	1	4
8	2	1	7	3	9	4	5	6
5	6	9	4	8	2	1	3	7
3	7	4	1	5	6	8	2	9
2	1	7	8	6	5	9	4	3
9	5	8	3	2	4	7	6	1
4	3	6	9	1	7	2	8	5

		6		1			5	
						8		
1	4	8	6	5				3
9		2	5			7		
				4				
		4			7	6		2
8				7	3	4	2	1
		9						
7				2		5		

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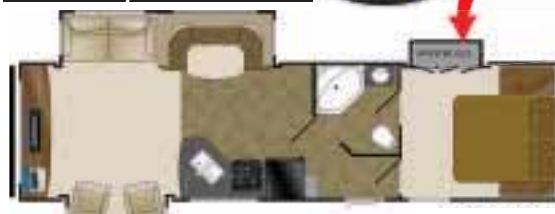
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